



**APRIL 2026
NEWSLETTER**

HAPPY EASTER!

Easter is a time for celebration, family—and plenty of chocolate. While indulging in sweets is part of the fun, it's also one of the biggest challenges for your dental health.

The good news? You don't have to give up your favourite treats. With a few smart habits, you can enjoy Easter while protecting your smile.

Enjoy Easter treats without harming your smile—just follow a few simple rules:

Choose Wisely

- Better: plain or dark chocolate (melts quickly)
- Limit: sticky, chewy, or sour sweets

Timing Matters

- Eat sweets with meals, not all day
- Avoid constant snacking

Protect Your Teeth

- Brush twice daily with fluoride toothpaste
- Wait 30 mins after eating before brushing
- Rinse with water if you can't brush

For Children

- Set daily limits on sweets
- Avoid sweets before bed
- Keep brushing routine consistent

Bottom Line

Enjoy chocolate in moderation, avoid grazing, and maintain good oral hygiene to keep your teeth healthy this Easter.



Fed up with leaving your dentures soaking overnight and still not feeling truly clean?

Traditional home methods can be time-consuming and often don't remove stubborn stains or bacteria completely.

At our practice, we now offer professional denture cleaning using the

Airflow system—a gentle, advanced treatment that removes plaque, stains, and biofilm quickly and effectively. It leaves your dentures feeling fresher, cleaner, and looking like new, without the hassle of daily soaking.

Even with dentures, regular oral health checks are essential to maintain healthy gums and detect any early signs of issues.

Book your appointment today and enjoy a fresher, healthier smile!

Call 01482 770597 to find out more.

Complete new smile in one day!

The All-on-Four dental implant system is an advanced, efficient solution for replacing an entire arch of missing or failing teeth using only four strategically placed implants.

It provides a fixed, natural-looking smile with exceptional stability and long-term comfort.

You may benefit from All-on-Four if you:

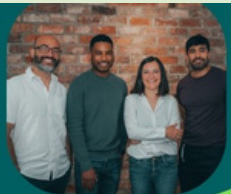
- Have multiple missing or failing teeth
- Struggle with loose or uncomfortable dentures
- Have experienced bone loss in the jaw
- Want a fast, long-term solution for full-arch replacement

Call the team on 01482 770597 and they will be happy to help with any questions you may have.



Castle Park Dental Care is a trading name of Envisage Dental UK. Envisage Dental UK is a registered company in England & Wales under registration number 09315294. Registered office Devonshire House Office 129, Wade Road, Basingstoke, England, RG24 8PE. Call us on: 01482 770597 All dentists operating from Castle Park Dental Care are self-employed with their own professional liability insurance. All clinicians, including dentists, hygienists and nurses are independently registered with, and governed by the General Dental Council (GDC).

Spread the Cost of Your Treatment with Tabeo Finance!



At Castle Park Dental Care, we want to make achieving your dream smile as easy and affordable as possible. That's why we've partnered with Tabeo Finance, giving you the option to spread the cost of your treatment with simple, flexible payment plans.

Whether you're considering Invisalign, dental implants, teeth whitening, or a smile makeover, Tabeo Finance makes it easier to get started without worrying about the full cost upfront.

WHAT DOES THIS MEAN FOR YOU?

- ✓ Various finance options available, including 0% interest on up to 12 months – No hidden fees!
- ✓ Quick & easy application – Apply in minutes.
- ✓ Flexible payment plans – Choose a schedule that suits you.
- ✓ Initial first payment when finance agreement is completed.

tabeo

For additional information, please go to www.tabeo.co.uk
Finance available to UK residents aged 18 and above.
Credit subject to status. Authorised and regulated by the Financial Conduct Authority

CALL US FOR MORE INFO

01482 770597

talk2us@castleparkdental.co.uk

<https://www.castleparkdental.co.uk/fees>

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